

Student Survey 2017 Grade 7 - 8 students

Thank you for completing this survey.

Student voice is important to us. The York Region District School Board is inviting all students in Grades 5 to 12 to tell us about their experiences at school. Your feedback will help further our vision as we work together to listen to student voices and inspire learning.

The information you provide is anonymous and confidential so no one will know your individual responses to the questions. **Please do not write your name on this survey.**

This survey is voluntary and you may skip a question if it makes you feel uncomfortable or if you don't know the answer. You can also ask an adult for help if you do not understand a question. Please answer the questions honestly, as your feedback will help support student achievement and well-being.

When responding to the questions please think about your experiences at **this school** during this school year.

This survey will take about 30 minutes to complete.

1.	The name of y	our school:						
2.	What grade a	re you in?	Grade 7	Grade 8				
3.	Are you?			Gender Diverse by gender GAnoth	er gender			
4.	Are you curre	ntly receivin	g support at so	chool for English as a Sec	ond Language (ESL)?			
	🗅 Yes 🛛	⊐ No						
5.	(lf you don't ki		er to this questi	Plan (IEP) to support your on, please ask your teacher	-			
	b. If you answered <u>Yes</u>, please choose the reason(s) that apply to you from the following list: (Please choose <u>all</u> that apply to you.)							
	□ Autism □ Behavi □ Blind a		C.	 Developmental Disability Gifted Language Impairment 	Physical Disability			

Learning Disability

A. School Environment

Deaf and Hard of Hearing Another reason: _____

6. Please think about your experiences this school year when responding to the following statements:

		Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
a.	I enjoy being at this school.					
b.	This school building is clean and well maintained to provide a good environment for learning.					
C.	I feel supported by staff when I ask for help with my learning.					
d.	I feel safe at this school.					
e.	I feel safe on the way to and from school.					
f.	This school has clear expectations for student behaviour.					
g.	At this school, there is a welcoming environment.					
h.	I feel included when working with others in my classes.					
i.	Overall, I think this is a good school.					

B. Learning at School

7. Please think about your experiences this school year when responding to the following statements:

		Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
a.	Doing well at school is important to me.					
b.	Staff at this school encourage me to be a responsible citizen.					
C.	At this school, I am participating in activities/campaigns that help protect the environment.					
d.	At this school, I am learning about environmental topics in the classroom.					
e.	My schoolwork is presented in a variety of ways to meet my needs (e.g., group discussions, working on my own, learning online and face to face, connecting with experts through videoconferencing).					
f.	I find my schoolwork interesting.					
g.	My schoolwork requires me to investigate real life issues.					
h.	I am encouraged to take risks in my learning.					
i.	I am learning about how to become a good digital citizen (e.g., appropriate use of social media, cyber bullying awareness).					
j.	I have access to a choice of learning spaces (e.g., quiet spaces, collaborative learning spaces, access to technology).					
k.	There is someone outside of school I can talk to about my schoolwork.					
I.	I use technology, including the internet, to help me learn outside of school.					
m.	What I learn at school is relevant in my everyday life.					

8. At this school, I have opportunities to:

		Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
a.	Use feedback to improve my work.					
b.	Set goals for my learning and follow through on those goals.					
C.	Think about how I learn.					
d.	Assess my own learning.					
e.	Give and receive feedback on my schoolwork from my peers.					
f.	Show what I have learned in a variety of ways.					
g.	Learn from my mistakes.					
h.	Share my thoughts about how I learn best.					
i.	Share my opinion about school priorities and programs.					
j.	Use technology to communicate and collaborate about my school work with others beyond school.					
k.	Use digital technology (e.g., online tools, computers, tablets) to help me learn.					
Ι.	Develop real world solutions to real world problems.					
m.	Learn about mental health.					
n.	Learn about social justice (e.g., understanding racism, sexism, disabilities, etc.).					

9. At school, are you encouraged to use personal technology for learning?

Yes

□ No □ Not Sure

□ I don't have personal technology

10. How do you feel about math?

		Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
а.	I like math.					
b.	I am a confident problem solver in math class.					
C.	I am able to answer challenging math questions.					
d.	The math I learn in class is useful for everyday life.					
e.	I connect new math concepts to what I already know about math or other subjects.					
f.	I know my strengths as a math learner.					
g.	Even if I feel the math is hard, I can learn it.					
h.	I know the areas I need help in as a math learner.					
i.	I know how to ask for help when I'm having trouble in math.					
j.	There are lots of ways to solve most math problems.					
k.	Making mistakes is helpful in learning mathematics.					
Ι.	I ask questions to help make sense of mathematics.					
m.	I learn from other students in math class.					
n.	When working on problems in math class, I check to see if my answer makes sense.					
0.	Learning math helps to change my ideas about how the world works.					

C. Mental Health and Well-Being

11. Please think about your overall mental health and well-being this school year when responding to the following statements:

	responding to the following statements.	Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
a.	When I have a problem with how I am doing at school, I can come up with ways to solve it.					
b.	I don't get too upset and I bounce back quickly when I get a grade or feedback that I don't like.					
C.	In general, I like the way I am.					
d.	When I am not doing well at school, I keep working and I try harder.					
e.	I feel like I am important to other people.					
f.	I feel proud of myself.					
g.	I feel like I matter to people at school.					
h.	I feel like I matter to people at home or in the community.					
i.	At home there is an adult who listens to me when I have a concern.					
j.	I feel like people won't value me if I don't do well at school.					
k.	I feel that family and friends support me in making choices about my life.					
١.	I feel like I have to be perfect in my schoolwork.					
m.	I feel like I have to be perfect in the way I look.					
n.	I would consider myself to be a weak person if I had to get help because of how I am feeling.					
0.	When I am feeling sad, I am good at cheering myself up.					
р.	I am happy with my life.					
q.	People at my school care about my well-being.					
r.	At school there is an adult who listens to me when I have something to say.					
S.	At my school, there is at least one caring adult who supports me.					
t.	The spaces at this school are designed with my needs in mind (e.g., places to work with others, quiet zones, prayer, active movement, etc.).					

12. In general, during this school year, how often did you feel:

		All the Time	Often	Sometimes	Rarely	Never
a.	Like you are pushed to do too much.					
b.	Like you are running out of time so that you would not be able to do anything fun.					
c.	Hopeful about the future.					
d.	Нарру					
e.	Lonely					
f.	Angry					
g.	Sad or depressed					
h.	Nervous or anxious					

Personal information on this form is collected under the authority of the Education Act, RSO 1990, Ch. E. 2 as amended, sections 170(1), and 171(1) and is used only for educational purposes of the York Region District School Board.

13. a. Do you ever feel nervous or anxious at school?

If you answered No, please skip part b.

b. If you feel nervous or anxious at school, do you think that it is because of any of the following? (Please choose all that are true for you.) Performing or speaking out loud in front of others Completing a test Spending time in groups with other students □ Sharing my ideas out loud when working in groups Another reason (please specify): Alwavs Often Sometimes Never 14. a. Do you usually hide your feelings of anxiety and sadness? If you answered Never, please skip part b. b. If you hide your feelings of anxiety and sadness, do you think it is because of any of the following? (Please choose all that are true for you.) □ I'm worried I will be judged for feeling that way □ I feel people will think I'm just looking for attention □ I feel it is a sign of weakness □ I am embarrassed □ I feel I am expected to always be strong L'm worried it will change how people feel about me Another reason (please explain): 15. If you were concerned about your mental health who would you talk to? (Please choose all that are true for you.) □ School staff □ Friends \Box My parent(s)/guardian(s) A mental health professional (e.g., doctor, counselor, social worker) □ Internet/chat room □ No one □ Other person (please specify the relationship to you):____ 16. Where do you get information about mental health? (Please choose all that are true for you.) □ School staff □ Friends □ Internet Media \Box My parent(s)/guardian(s) A mental health professional (e.g., doctor, counselor, social worker) □ Other (please specify): 17. If you had a concern about your mental health and did talk to an adult at school, did you feel they helped you? □ Yes No I did not talk to an adult at school about it

18. If you had a concern about your mental health and <u>did not talk to an adult</u> at school, is it because of any of the following? (*Please choose all that are true for you.*)

- □ I preferred to handle the problem myself
 - □ I didn't think they would be able to help
 - □ I didn't know who to approach at school
 - □ I was worried that other people would find out
 - □ I did not have a mental health concern
 - Other (please specify):_____

D. Healthy Schools

19. Please think about your experiences this school year when responding to the following statements:

		Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
a.	At this school, there is information about making healthy lifestyle choices (e.g., information on smoking, healthy eating, alcohol and drug abuse, stress management).					
b.	I usually participate in at least 60 minutes of physical activity every day (before, during, and after school).					
C.	I have physical education (gym) class or Daily Physical Activity (DPA) every day at my school.					

E. Equity and Inclusive Education

- **20.** My school is supportive of my faith accommodations (e.g., changes to my music, gym class, etc.).
- □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Not Applicable
- **21. a. My social identities are talked about and seen in my school** (e.g., language, culture, exceptionality, etc.).

b. I see the following social identities reflected at my school: (Please choose all that are true

for you.)

- □ My gender
- My racial background
- My culture
- □ My Indigenous background (e.g., First Nation, Métis, Inuit, etc.)
- □ My first language, dialect or accent
- □ My religion or faith
- □ The way I look (e.g., weight, body shape, clothes, etc.)
- My sexual orientation
- □ My gender identity
- □ My special education needs (e.g., learning disability, autism, behaviour, giftedness, etc.)
- □ My physical disability
- □ Another social identity (please explain): ____

22. At school, I see, hear, or learn about my social identities in:

	Always	Often	Sometimes	Never
a. The classroom				
b. Extracurricular activities				
c. Guest speakers				
d. Other				

23. a. In this school year, have you experienced discrimination in your school/class (e.g., treated negatively because of your gender, racial background, ethnic origin, religion, socio-economic background, special education needs, sexual orientation or other factors)?

□ Yes □ No

If you answered <u>No</u>, please go to Question 25.

b. If you have experienced discrimination at school, do you think it is because of any of the following: (*Please choose all that are true for you.*)

- □ Your gender
- Your racial background
- □ Your culture
- □ Your Indigenous background (e.g., First Nation, Métis, Inuit, etc.)
- □ Your first language, dialect or accent
- Your religion or faith
- □ The way you look (e.g., weight, body shape, clothes, etc.)
- □ Your sexual orientation
- □ Your gender identity
- Your family structure
- □ Your family's level of income
- □ Your grades or marks
- □ Your special education needs (e.g., learning disability, autism, behaviour, giftedness, etc.)
- Your physical disability
- Another reason (please explain): _____

24. a. In this school year, have you <u>talked to an adult</u> at school about discrimination that you experienced in your school or class?

□ Yes (If you answered <u>Yes</u>, please skip part d.)

□ No (If you answered <u>No</u>, please skip part b and c.)

b. How satisfied are you with the way your school responded to your report of discrimination?

Very Satisfied Satisfied Unsatisfied Very unsatisfied N

c. If you were <u>not satisfied</u> with the response, did you feel it was because of any of the following? (*Please choose <u>all</u> that are true for you.*)

- □ The process of reporting was confusing/unclear
- □ I felt I wasn't heard/listened to
- □ There was little/no follow up
- Another reason (please explain): ______

d. If you experienced discrimination and <u>did not talk to an adult</u> at school, is it because of any of the following? (*Please choose <u>all</u> that are true for you.*)

- □ I preferred to handle the problem myself
- □ I didn't think they would be able to help
- I didn't know who to approach at school
- □ I was worried that other people would find out
- Other (please specify):

	Always	Often	Sometimes	Never
25. a. Do you feel welcome at your school?				

If you answered <u>Always</u>, please skip part b).

b. If you do not feel welcome, do you think it is because of any of the following? (Please

- choose all that are true for you.)
 - Your gender
 - □ Your racial background
 - Your culture
 - □ Your Indigenous background (e.g., First Nation, Métis, Inuit, etc.)
 - □ Your first language, dialect or accent
 - □ Your religion or faith
 - □ The way you look (e.g., weight, body shape, clothes, etc.)
 - □ Your sexual orientation
 - Your gender identity
 - Your family structure
 - Your family's level of income
 - □ Your grades or marks
 - □ Your special education needs (e.g., learning disability, autism, behaviour, giftedness, etc.)
 - □ Your physical disability
 - Another reason (please explain): _____

	Always	Often	Sometimes	Never
26. a. Do you feel welcome in school activities, teams, or clubs?				

If you answered <u>Always</u>, please skip part b).

b. If you do not feel welcome, or that you do not belong in school activities, teams, or clubs, do you think it is because of any of the following: (*Please choose <u>all</u> that are true for you.*)

- □ Your gender
- □ Your racial background
- Your culture
- □ Your Indigenous background (e.g., First Nation, Métis, Inuit, etc.)
- □ Your first language, dialect or accent
- Your religion or faith
- □ The way you look (e.g., weight, body shape, clothes, etc.)
- □ Your sexual orientation
- Your gender identity
- Your family structure
- □ Your family's level of income
- □ Your grades or marks
- □ Your special education needs (e.g., learning disability, autism, behaviour, giftedness, etc.)
- □ Your physical disability
- Another reason (please explain):

27. a. Do you feel there are barriers that stand in the way of your learning at school?	Always D	Often	Sometimes	Never
lf you answered <u>Never</u> , please skip part b).				
 b. If you feel there are barriers, do you think it is becaut choose <u>all</u> that are true for you.) Your gender Your racial background Your culture Your Indigenous background (e.g., First Nation, M Your first language, dialect or accent Your religion or faith The way you look (e.g., weight, body shape, clothed) Your gender identity Your family structure Your family's level of income Your grades or marks Your special education needs (e.g., learning disab) Your physical disability Another reason (please explain):	étis, Inuit, e es, etc.) ility, autism	tc.) , behaviou		
	Always	Often	Sometimes	Never
28. a. Do you feel that school rules are applied to you in a fair way?				
lf you answered <u>Always</u> , please skip part b.				
 b. If you feel the rules have not been applied fairly, do point following? (Please choose <u>all</u> that are true for you.) Your gender Your racial background 	you think i	t is becau	⊧se of any of th	ie

- Your culture
- □ Your Indigenous background (e.g., First Nation, Métis, Inuit, etc.)
- □ Your first language, dialect or accent
- □ Your religion or faith
- The way you look (e.g., weight, body shape, clothes, etc.)
- □ Your sexual orientation
- □ Your gender identity
- □ Your family structure
- □ Your family's level of income
- □ Your grades or marks
- □ Your special education needs (e.g., learning disability, autism, behaviour, giftedness, etc.)
- □ Your physical disability
- Another reason (please explain): _____

F. Caring and Safe Schools

Please think about your experiences this school year when responding to the following statements:

30. I am satisfied with the steps this school takes to deal with incidents of bullying among			Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
to deal with incidents of bullying among Image: Constraint of the state of t	29.						
31. If you were bullied or saw someone being bullied, would you know how to report it at your school?	30.	to deal with incidents of bullying among					
report it at your school? Image: School and Board websites? 32. Are you aware of the anonymous reporting button called Report IT on the school and Board websites? Image: School and Board websites? 33. Do you feel unsafe in any of the following places? (Please choose <u>all</u> that are true for you.) Image: Image: School and Board websites? 33. Do you feel unsafe in any of the following places? (Please choose <u>all</u> that are true for you.) Image: Image: Image: School and Board websites? 34. This year, have you stayed away, or wanted to stay away from school in order to avoid being bullied? Yes 35. This year, have you been bullied by other students at this Image: Image	~ /					Yes	No
school and Board websites? 33. Do you feel unsafe in any of the following places? (Please choose <u>all</u> that are true for you.) In the classroom In the classroom In the ballways In the school entrances and exits In the computer rooms/labs In the dym In the change rooms or locker rooms In washrooms Outside on school grounds In the portables Other places (please explain where): 34. This year, have you stayed away, or wanted to stay away from school in order to avoid being bullied? 35. This year, have you been bullied by other students at this	31.		d, would yo	DU KNOW I	now to		
(Please choose <u>all</u> that are true for you.) In the classroom In the classroom In the hallways In the stairwells/under the stairs In the gym In the change rooms or locker rooms In washrooms Outside on school grounds In the lunchroom or eating area/cafeteria In the portables Other places (please explain where): Yes No 34. This year, have you stayed away, or wanted to stay away from school in order to avoid being bullied? 35. This year, have you been bullied by other students at this Image: Calculate the stain the sta	32.		on called R	eport IT o	on the		
 34. This year, have you stayed away, or wanted to stay away from school in order to avoid being bullied? 35. This year, have you been bullied by other students at this 	33.	 (Please choose <u>all</u> that are true for you.) In the classroom In the hallways In the school entrances and exits In the stairwells/under the stairs In the library In the computer rooms/labs In the gym In the change rooms or locker rooms In washrooms On school buses Outside on school grounds In the lunchroom or eating area/cafeteria In the portables 					
	34.		itay away fi				
	35.	This year, have you been bullied by other studen school?	nts at this				

If you answered <u>No</u> for Question 35, please go to Q41.

36. How many times have you been bullied by another student(s) <u>at school over the last two</u> <u>months</u>?

- Not at all
- 1-2 times
- 3-5 times
- □ 6-10 times
- More than 10 times

37. In which of the following ways have you been bullied at your current school this school year? (*Please choose all that are true for you.*)

□ Physically

(e.g., someone has pushed, tripped, or hit you; taken or broken your belongings on purpose)

□ Electronically

(e.g., someone has used social media tools (Instagram, Snapchat) to send messages or pictures in order to threaten you, hurt your feelings, embarrass you, make you look bad, or tell secrets about you)

□ Verbally

(e.g., someone has called you names, teased, or made fun of you; said mean things to you; embarrassed or threatened you)

Socially

(e.g., someone has left you out of their group, refused to play or work with you, got other students not to talk to you or not to like you)

38. If you have been bullied, do you think it is because of any of the following? (*Please choose <u>all</u> that are true for you.)*

- □ Your gender
- □ Your racial background
- Your culture
- □ Your Indigenous background (e.g., First Nation, Métis, Inuit, etc.)
- □ Your first language, dialect or accent
- □ Your religion or faith
- □ The way you look (e.g., weight, body shape, clothes, etc.)
- □ Your sexual orientation
- Your gender identity
- Your family structure
- □ Your family's level of income
- Your grades or marks
- □ Your special education needs (e.g., learning disability, autism, behaviour, giftedness, etc.)
- Your physical disability
- Another reason (please explain): _____

39. Think of the last time <u>you were</u> bullied. What did you do? (*Please choose <u>all</u> that are true for you.*)

- □ I ignored it.
- □ I told my parent(s) or guardian(s) about it.
- □ I told an adult at school about it.
- □ I told an adult outside of school about it.
- □ I told another student about it.
- □ I called a helpline or online live chat counselling.
- □ I used the Report IT button on the school or Board website.
- □ I fought back.
- □ Other (please explain): ___

			Yes	No	l did not report it
40. If you reported being bullied, did you feel an adult at your school listened to you and helped you?					
	Strongly Agree	Agree	Disagree	Strongly Disagree	Not Sure
41. There is an adult at this school with whom I would feel comfortable speaking if I am bullied.					
42. There is an adult at this school with whom I would feel comfortable speaking if I know of someone else being bullied.					

43. How often do you think staff at your school (e.g., teachers, lunchroom supervisors, office staff) do the following:

, G	Always	Often	Sometimes	Never	Not Sure
notice bullying?					
try to stop bullying?					
ignore bullying?					
listen to both sides of the story?					

- 44. Sexting is the act of sending or receiving sexually suggestive or explicit messages, videos or photos. Please indicate the number of times you have received sexual messages, videos or photos through technology such as text messages or the internet in the past 2 months:
 - 0
 - 1-5
 - **G** 6-10
 - □ 11-15□ 16-20
 - □ 10-20 □ moro th
 - more than 21Don't know
- 45. Please indicate where you've seen yourself most often this school year with respect to drug and alcohol use:
 - **Not using** (e.g., not using drugs or alcohol)
 - **Trying it out** (e.g., trying drugs or alcohol because you are curious, feeling pressure to fit in, you may never use again)
 - Using sometimes (e.g., using sometimes: with friends, after school/work, on the weekend)
 - □ **Problem use** (e.g., using substances regularly, experiencing difficulty in controlling your urge to use, using more to get the same effect, starting to impact your life negatively)
 - Dependent (e.g., using regularly and often, feeling out of control, feeling angry or depressed or anxious, feeling physically ill when you are not using, always thinking about it, life revolves around using)

H. About Me

We want to know more about you. The answers you provide will be used to help us serve you and other students better. Please answer the following questions but feel free to skip a question if you feel uncomfortable answering.

46. a. Were you born in Canada?

□ Yes (If yes, please skip part b.)

b. If you were not born in Canada, how long have you lived in Canada?

- Less than 1 year □ 4 years 1 year
- □ 5 years □ 6 years
- □ 2 years □ 7 vears
- □ 3 vears

□ 8 years

□ 9 or more years

47. Do you identify yourself as Canadian? □ Yes □ No (You do <u>not</u> have to be born in Canada to think of yourself as Canadian.)

48. Which of the following best describes your racial/ethnic background? (Please choose all that apply to you.)

- Asian East (e.g., Chinese, Japanese, Korean, Taiwanese, Mongolian, etc.)
- Asian South (e.g., Indian, Pakistani, Sri Lankan, Tamil, Caribbean, etc.)
- Asian Southeast (e.g., Filipino, Vietnamese, Cambodian, Indonesian, Malaysian, etc.)
- Black (e.g., South African, Nigerian, Ghanajan, Caribbean, Moroccan, etc.)
- □ Indigenous (e.g., First Nation, Métis, Inuit, etc.)
- Latino or Hispanic (e.g., Colombian, Ecuadorian, Peruvian, Mexican, Salvadorian, etc.)
- □ Middle Eastern or West Asian (e.g., Iranian, Armenian, Afghan, Iraqi, Lebanese, etc.)
- **White** (e.g., British, Italian, German, Russian, French, etc.)
- Please write your racial/ethnic background if you do not see yourself reflected above:
- 49. What is your cultural or religious background? (You may write more than one.)

50. If you are of Indigenous ancestry, please choose all that apply to you:

 First Nation Métis Inuit

Another Indigenous ancestry:

51. What is your sexual orientation?

- Asexual
- Bisexual
- Gav
- Heterosexual/Straight
- □ Intersex
- Lesbian
- **Queer**
- Questioning
- □ Two-Spirit
- Don't Know
- □ I prefer not to say
- Please write your sexual orientation if you do not see yourself reflected above:

52. About how many hours a week (including weekends) do you spend on:

		0 hours/Not Applicable	1-10 hours	11-20 hours	21-30 hours	More than 30 hours
	work and studying de of school time)					
53. Do you	have access to the	internet at hon	ne?	🗆 Yes 🗆) No	
54. What v	vere <u>most</u> of your m	arks on your la	st report card?	?		

□ 80% or over □ 70–79% □ 60–69% □ 50–59% □ Below 50%

Thank you for completing this survey.